

# EMS Con Ed Cruise 2020

## Monday March 2nd, 2020 – Saturday March 7th, 2020



[EMS Con Ed Cruise 2020](#) sets sail from Fort Lauderdale at 4 PM Monday March 2nd, 2020 for a 5-day cruise aboard brand new Carnival Sunrise. Tuesday will be our first "Fun Day at Sea". This will be our first educational day also. But don't worry not the whole day. There are so many things to do and see aboard this ship, I promise you will not get bored. Once we are out to sea the casino opens! So, enjoy the evening! Wednesday we will arrive at Ocho Rios Jamaica at approximately 10 AM and will be docked there until 5 PM. This port holds lots of shopping, fun in the sea and places to explore. There are zip lines, beaches, and historical tours. Pick one! Once you are back onboard, have a fantastic meal in the main dining room, or grab a pizza and a beer and just watch the sunset. Thursday we will sail into Grand Cayman at 9 AM for the full day! This island is fantastic from its beautiful beaches to the excursion for the adventurous. Plenty to do and see. We will be leaving port at 4:30 PM. The night awaits in the casino or at the hot tub. Enjoy dinner in the restaurant, steakhouse or Pizza Pirate. Time to relax and unwind! Friday will be another "Fun Day at Sea". We will have fun events going on all day for you to enjoy! This night is our last night at sea. Grab a drink and watch the ocean float by. Check out the sales going on in the Fun Shops, there will be some great deals. Sadly, we arrive back at Fort Lauderdale Florida at 8 AM Saturday morning.



Cruising with Carnival is about to be even better. After 19 years cruising, the ever-popular vessel Carnival Triumph is about to get a dramatic makeover. Transformed and renamed as Carnival Sunrise, the newly remodeled ship will make her maiden voyage in April 2019. Carnival Sunrise is everything you loved about Carnival Triumph, plus a whole lot more. Exciting new dining spots, bars and pubs, sports activities, and spa are ready to make your cruise vacation extraordinary.

Here are some of the upgrades and new adventures you'll find on Carnival Sunrise's sunny new debut:

### **Outdoor Fun**

For starters, grab your suit and head over to Carnival's famed onboard waterpark, WaterWorks, for great slides, rides and plenty of fun in the sun. Whether for fitness or just for fun, SportSquare gets you in the game. Make new friends over a game of basketball, challenge yourself on the fitness equipment, or play a round of mini golf with family.

Soar to new heights while enjoying the sea breeze and an ocean view! SkyCourse is a deck-top ropes course ready to challenge and thrill you. Or, how about a round of fun-for-all-ages open-air mini golf? The perfect way to spend a few hours while you're cruising to the Caribbean, The Bahamas or any other exotic destination.

If all you want is to sit back and enjoy the ocean breeze, experience a completely different world at the Serenity Adult Only Retreat™. This 21+ exclusive area is your vacation in a vacation. Enjoy a drink in the bar, flop onto a comfy chair with a book, or just relax in a hot tub and do nothing.

### **Indoor Fun**

When it's time for some shade, there is plenty of indoor fun to be had on Carnival Sunrise as well. There's no place on earth like a comedy club. On Carnival Sunrise, it's even better. Get ready for sidesplitting laughs and tell-it-like-it-is comedy at Punchliner Comedy Club. Both family-friendly and adult-only shows! Karaoke fans will love Piano Bar 88, where you pick the tunes and everyone can sing along. Not a singer? No worries, this is a great spot to just sit back and watch the fun.

### **Night Life**

When the clock strikes cocktail hour, head to the RedFrog Pub to make some new friends. Enjoy light bites (Caribbean fare) in a laid-back atmosphere. You might even catch some live music or a game of foosball. Speaking of eating and drinking, give in to the sweet desire of ice cream, candy, and other treats. Calories don't count when you're on vacation! Pro tip: Cherry on Top is also a great spot for buying gifts. And for those times when you've just got to have that morning (or afternoon) cup of Joe, there is JavaBlue. This cafe is serving great iced and hot drinks and yummy snacks.

Is it relaxation you're after? Cloud 9 Spa has everything you need to take your vacation to the next level. Massages, facials, body wraps, thermal suites, a gentle healing pool – at Cloud 9 you've got it all.

### **Delicious Dining**

With all types of cuisines and atmospheres ranging from casual to classy, delicious cruise dining awaits you on the improved Carnival Sunrise.

Fahrenheit 555 Steakhouse – For a delicious dinner in an elegant setting, direct yourself to the decadent Fahrenheit 555 Steakhouse. Carnival's signature steakhouse offers premium cuts of beef cooked to order, freshly selected seafood, entrées, gourmet appetizers, and an extensive wine list.

Cucina del Capitano – A wise, old Italian chef once said, “Everything great happens over a bowl of pasta.” Cucina del Capitano serves up heaping courses of antipasti, entrées, pasta and desserts in a rustic famiglia-style cafe.

Bonsai Sushi Express – Meet your made-to-order takeaway sushi source, conveniently onboard the Carnival Sunrise. Customize your sushi, sashimi and rolls and then roll out to your next adventure.

Guy’s Pig & Anchor BBQ Smokehouse – Follow your nose to Guy’s Pig & Anchor Bar-B-Que Smokehouse, where the one & only Guy Fieri does meat his way. With smoked beef, pork, and chicken, plus and rockin’ sides like Mac Daddy Mac n Cheese, Old Skool Potato Salad and Collard Greens.

Chef’s Choice – Chef’s Choice is your first-class ticket to the world’s best foods. Lunch options span the globe from France to Mexico, Jamaica, and of course, USA.

## Ports of Call



**Ocho Rios** is a port town on the north coast of Jamaica. A former fishing village, it’s now a resort with a cruise ship harbor and a busy bay beach that’s lined with hotels. The surrounding parish of Saint Ann is home to rainforest, rivers and waterfalls. Dunn’s River Falls is a terraced, 180m mountain waterfall with lagoon pools, surrounded by trees.

**Grand Cayman** is the largest of the Cayman Islands, a British Overseas Territory in the Caribbean. George Town, its capital, is home to the Cayman Islands National Museum, dedicated to Caymanian heritage. The city is also a major cruise-ship port and site of the ruins of colonial-era Fort George. Beaches and vibrant coral reefs are the island’s hallmarks.



## On Board Education



Courses and seminars are in the works but not too many. We will post them as they become scheduled. We want you to have fun on this cruise, it is vacation after all! Course cost and CEU credits are additional.

## Prices and Cancellations Policy

Our pricing begins with a **\$50 Per Person** deposit due by 12/31/2018. This locks in your price and type of cabin. Then the full deposit of \$150.00 Per Person is not due until 11/04/2019. Full payment is not due until 01/02/2020. And you can make payments at any time in any amounts. How much easier can it be?

Cancellations before 01/03/2019 are 100% refundable. 01/03/2019-02/3/2020 payments are refundable at \$250.00 Per Person. After 02/18/2020, all payments are non-refundable.

## Choose your stateroom.

**All prices quoted below are all inclusive prices and are subject to change. This includes: Cabin, food, entertainment, all taxes, port charges and fees, along with Trip Insurance, and Gratuities. Price DOES NOT include alcohol or excursions. All courses and credit hours costs are an additional cost.**



Balcony Staterooms have a balcony, two twin beds that convert to a queen-sized bed, ample closet and storage space, private bathroom with shower, and a living area with vanity and seating. Staterooms are equipped with thermostat-controlled air-conditioning, television, telephone, and personal safe.

Balcony Stateroom  
Double Occupancy: \$920.00 PP  
Per Stateroom: \$1,840.00

**Reserve your cabin for \$50 PP  
online at [www.EMSCruises.com](http://www.EMSCruises.com)**



Ocean View Staterooms have a large picture window or double porthole, two twin beds that convert to a queen-sized bed, ample closet and storage space, private bathroom with shower, and a living area with vanity and seating. Staterooms are equipped with thermostat-controlled air-conditioning, television, telephone, and personal safe.

Oceanview Stateroom  
Double Occupancy: \$766.00 PP  
Per Stateroom: \$1,532.00

**Reserve your cabin for \$50 PP  
online at [www.EMSCruises.com](http://www.EMSCruises.com)**



Interior Staterooms have two twin beds that convert to a queen-sized bed, ample closet and storage space, private bathroom with shower, and a living area with vanity and seating. Staterooms are equipped with thermostat-controlled air-conditioning, television, telephone, and personal safe.

Interior Stateroom  
Double Occupancy: \$697.00 PP  
Per Stateroom \$1,392.00

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